

The Road Home
Is A Long Journey



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CBT Publications

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INTRODUCTION

The spiritual journey is the long road home. The pilgrimage is defined by seven significant events that contain the necessary conditions to transform the life of every believer.

The spirit, soul and body of each individual must solely embark on the spiritual journey.



The path leads through the maze of personal motives, behaviors, attitudes and corresponding actions to liberate the believer from constraints, oppressions and confinements.

The decision to cooperate and make adjustments or corrections as the path bends and turns, determines the measure of the outcome.

The Seven Significant Events:

- Birth
- Earthly Ministry
- Sufferings
- Death
- Resurrection
- Ascension
- Return



Each believer must follow the path they are being shown, however different from others' opinions or experiences it may seem. Accepting the invitation requires total commitment.

As the long journey begins, counsel and guidance are given according to the individual's original decision to

answer the divine call for their life.

Grace and mercy work continually to bring about the completion of the venture that ends with the perfection of the believer.

Although the journey, the events and subsequent end are the same for everyone, the trials, tests, experiences, and lessons vary due to past experiences and prejudices. They are also dependant on the purpose and plan for the individual. When asked from a sincere heart, clarification will always be given.

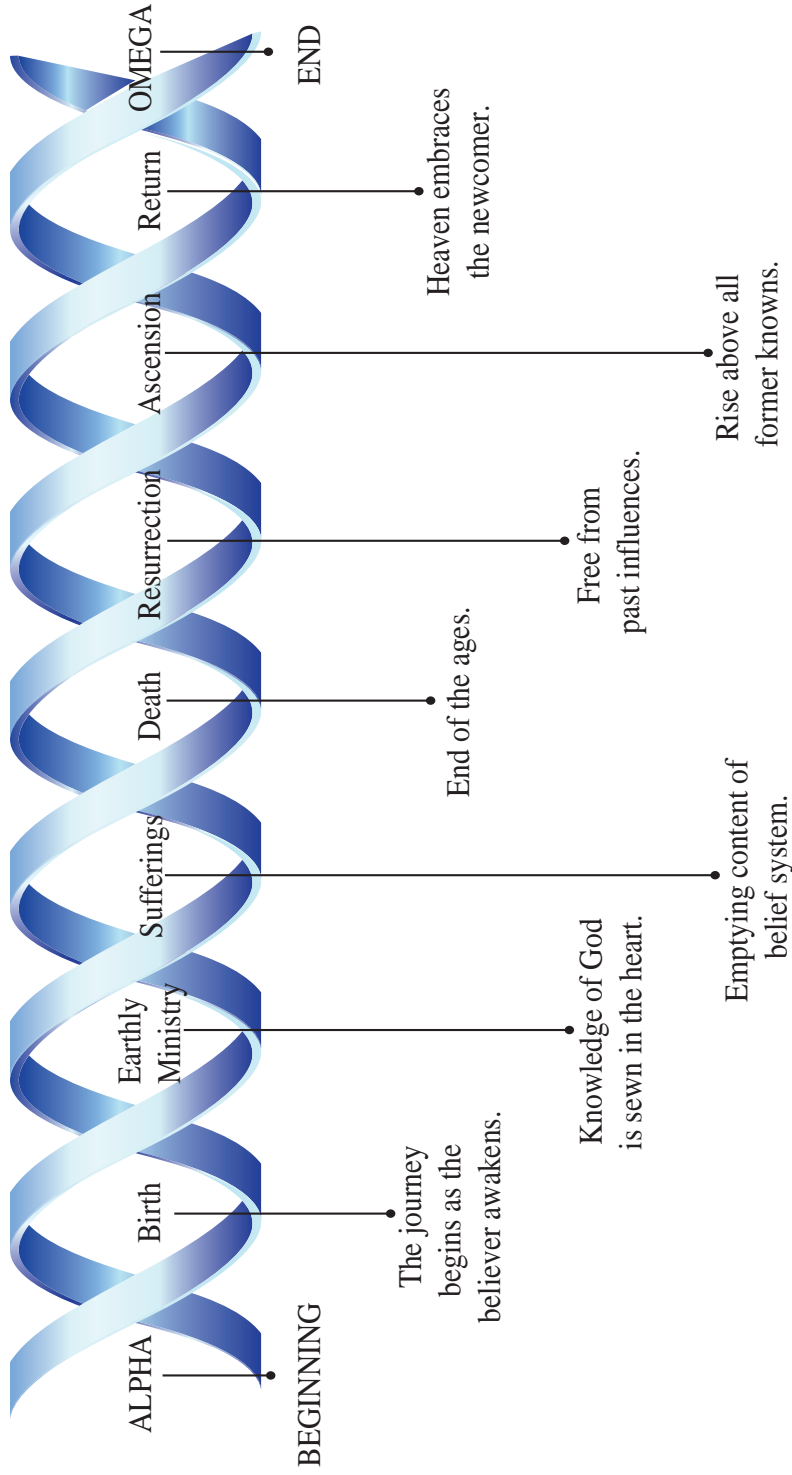
The passage through the events will conclude and the believer emerges as a new being, existing on the earth, identifying with the heavenly environment, and living as purposed by the divine plan.

As all things on the earth have form, the believer remains in the body to demonstrate the characteristics of the Spirit and to partner with the Spirit in assisting others in their journey home.

Every situation, approached and acted on from the mind of the spirit, allows a divine solution to convert an ordinary circumstance.

*As in heaven
so on the earth*

Seven Significant Events Of The Journey



THE JOURNEY

The journey is defined by a series of progressive events and complete with trials, tests, warnings and experiences designed with a specific outcome for every believer.

It is a personal venture into the unknown, filled with hope and promise, yet not without difficulties and adversities. The metamorphic events bring about a change of nature required to live a heaven-like existence on the earth.



A larva contains the pattern of its own outcome, the butterfly. A metamorphic change is necessary to bring about all that the butterfly is designed to be. Its transformation is a living parallel of a believer's life

as the events hold the promise of all that the individual is intended to be.

Every individual is born with a unique plan and purpose. The language defining this plan and purpose is embedded, or encoded in the DNA. Because the language is embedded and is unique to the believer, only revelation, or the true light, can reveal the meaning.

As the journey begins and progresses, explicit scripting is used to create circumstances that challenge, test and try each believer. This is

the Creator being actively at work in each life, slowly bringing the knowledge of a plan and purpose for that life into the individual's conscious mind.

The gifts and talents that are given to the believer have a specific use when the plan and purpose have been revealed.

Every culture has stories, whether written or told, concerning people who yearned for a better life in a better place, who embarked on a passage that took them into and through dry, perilous territory.



The metaphoric legends that are carried by the Spirit through centuries are living parallels of the spiritual journey that every believer eventually faces. There are no exceptions or shortcuts when the individual strives honorably to complete the task.

As heavenly angels guard and protect the heir, earthly spirit guides and teachers assist each individual in the journey towards the light. The earthly assistants vary in number, depending on the lessons needed, the difficulty of the journey, and the cooperation of the believer.

These helpers are accountable only to God, and are faithful and diligent in their responsibilities. They collaborate with each



other to bring about a successful completion of the individual's particular journey. Eventually, the helpers' mission will conclude and they return to their home.

Completing the journey ends in a change of nature. The old nature has passed away and a new nature

is present. The cycles of variables and inconsistencies come to an end, and a contented, harmonious life is ready to be lived. What has been allowed to work in the believer's life, will work through that life to the same degree.

The final outcome is a confident life constant in love without fail, regardless of who or what is encountered. This new creation is consistent in peace, joy, longsuffering, kindness, goodness, faithfulness, gentleness, and self-control. These qualities and characteristics are the exact likeness of the ever-present eternal Spirit.

*“Follow Me”
is a
commandment*

The born again nature is translated into, or becomes one with the eternal Spirit. It is the longed-for country, the dwelling place of safety, comfort and security, as the one pure affection of the heart has found its home.

Trust and maintain faith in the one who made the journey possible. Though the journey seems slow and sometimes perilous, keep in mind that where there is a beginning, there is an end.

And, remember to forgive.



SIGNIFICANT EVENTS

The journey has a definite sequence of prepared events that contains the necessary conditions to transform the life of every believer. It is necessary to enter the events as a disciple, or a follower, and emerge as an apostle or the highest order of divine service.

The metamorphic work that is necessary for a change of nature requires constant attention, cooperation, willingness and a ready, faithful heart.



In each event, specific tests, trials, and lessons are designed to shed light on and eliminate beliefs that cause bondage to ideas, images, and opinions. Entertaining childish fantasies, foolish notions and presumptions lead farther away from freedom into deception and eventual captivity and loss.

Birth
Earthly Ministry
Sufferings
Death
Resurrection
Ascension
Return

Although these life-altering events are sequential and progressive, each event is a process in itself and yet not confined to any specific time frame. Events and their conditions may overlap to complete the more difficult lessons, and if necessary, can be repeated in cycles throughout the journey.

Anything can surface at any given time and is an indication that something is ready to be removed. Carefully evaluate everything that has become a distraction and a hindrance to life in the Spirit. When the pace seems to hit a temporary dead end, find the humility to be still, ask and wait for instruction. The way will be made known.



Most of the resistance from an individual is against the difficult circumstance that is encountered. The mistaken idea is that difficult situations are not of God, but the source of the problem already exists. It is then, with the believer's attention, that the perfect circumstance is created to resolve an internal spiritual conflict or dispute.

Because of the burning passion for the will of God, every day, every trial and test can be intense, but it becomes a step closer to obtaining what was promised: a pure God-like nature. Oftentimes, combinations of circumstances are created to bring to light a belief, idea or prejudice that has long been erroneously nurtured and protected.

Some former experiences may even have to be re-visited in order to reconcile an offense or release an experience, whether the memory is correct or distorted. The individual will frequently sense a backward motion, but it is important to



understand what is transpiring and why. Again, ask for clarification and wait.

All uncomfortable situations are created to help remove shackles connected to a former lifestyle. The former lifestyle can be as close as yesterday. The messages, lessons, tests and trials are consistent with the divine purpose and plan for the individual. This is the preparation for something new, but the progression of the work within depends on listening, asking and waiting.

Facing and transcending each obstacle not only builds character, but brings courage and strength for the next challenge. Every step taken moves the individual away from the former lifestyle and closer to the possible existence.

In order to accomplish a rebirth, it is essential to be enclosed in a temporary cocoon-like environment. This separation and solitude may occur gradually, or quickly, and causes strong feelings of being isolated, alone, uprooted and often helpless, but is the necessary part of the redemptive and restorative process.

*Solitude
ensures
a safe
passage*

Completion of the pilgrimage is provisional and solely depends on diligence and obedience of each individual sojourner. In constant prayer, ask for counsel, guidance and direction, because the heart will be continually tested for faithfulness. During distress or troubled times, the counsel of God is the only safe place. Wait to hear what to do next.

*“Come now,
and let us
reason together”,
says the Lord*

Keep the heart fixed and the mind set on the pilgrimage, and be in a constant state of prayer. Follow the narrow rocky path with an honest endeavor, and with

determination to find the sacred heart of God. Learn to discern the voice and the move of the Spirit of God, because it will be consistent with the plan and purpose of the journey.



Eventually, the ways to the old lifestyle will begin to close and a different way, a new way of living will open. Always be in ready mode to accept the immediate challenge that leads to freedom. Watch for and take advantage of opportunities to phase out that which is no longer beneficial, as a new future is exempt from prior influences. Be flexible in moving forward with simplicity and efficiency.

Take one step at a time and be sure that emotional and spiritual stability and balance are maintained. Learn to draw breath from the spirit for stamina and use prayer and meditation as an intricate part of the journey.




Busyness will cease when the ear is attuned to listen to the voice of the Spirit. Listen to the quiet when long periods of silence occur. Listen during the times of rest and times of waiting. Never quit and never get tired of listening for what the Spirit is saying, even when nothing is heard. Any time there is confusion, ask for clarification and wait for counsel.

Listening for what the Spirit is saying leads to obedience, and that obedience can be developed the same as any art form. With every encounter whether pleasant or unpleasant, comfortable or uncomfortable, convenient or inconvenient, there is a divine purpose, and that purpose will eventually be revealed at the believer's request.

Asking for understanding brings revelation and revelation brings stability, balance and grace. Refrain from turning insights into theories or self-serving doctrines. Be in a constant state of watchfulness for the continual unfolding.

The passage through the events concludes and the believer emerges as a new being, with a new identity, and designed for a new existence as the heavenly environment begins to function on the earth.

Guard the heart and maintain the vigilance that is needed for moving through each stage of a remarkable development.



What is
listened to
is what is
followed

Birth

CONDITION OF THE WORD

The stirring of a new spiritual being

AFFECT ON THE BELIEVER

The journey begins as a believer awakens to something that has long remained still and unnoticed.

Age, gender, environment, individual or family history are not relevant. An internal commotion or turmoil, caused by minor irritations or major interruptions in the normal routine signals the presence of an unfulfilled need. Though it may not be identified yet, spiritual ignorance and fear begin to surface. Even as difficult times approach, this is the beginning of a blest life.



The current lifestyle of repeated patterns, negotiations and sacrifices is no longer capable of veiling a persistent yearning. Melancholy or pensive contemplations are usually the symptoms that accompany the spiritual emptiness.

Exceptionally strong feelings are the outcries of the human spirit that desires a place of peace and quiet. The heart will ache for a place called home and there is no earthly solution for the need to belong.

The Spirit is calling and there's no retreating. Responding to the call is the pivotal point that causes the luster of what previously seemed

important to fade and begin to lose its value.

As the eternal passion is kindled, personal desires and motivations are preempted as the pearl of great price takes precedence, usually resulting in an abrupt change in behavior.



An all-out quest to know the author of this disruption begins as the innermost movement catches the attention of the believer. Listen to what the Spirit is saying to discover what was before unknown.

WARNING

Refuse to allow an idea, a formula, or a change of venue to be a substitute for the truth.

*The Spirit
is calling
and there
is no retreating*

Earthly Ministry

CONDITION OF THE WORD

The word is sown into the heart by the Spirit

AFFECT ON THE BELIEVER

This is the evangelistic period when the knowledge of God is sown in the heart of the believer by the Spirit. The hearer receives the word through listening to teachings, reading scripture, books and literature. Devotions, quiet times, and prayers become part of daily living.



Give hope a harbor, and the word heard will be absorbed into the heart to become the definitive witness in recognizing the truth.

The believer's responsibility is to guard the heart and protect all that is given.

Nurture the growth and development of a new spiritual beginning, as time and attention are given to the child-like nature that begins to emerge.

The innocent nature is led and taught by the Spirit. Anyone that desires only to know God will eventually be separated and brought to a secret place to hear more than what has been written on pages or spoken in the assemblies.

With reflective learning, earthly spiritual teachers and guides use natural circumstances and physical objects for teaching. The indirect reflective

communication eventually becomes direct as the understanding begins to form.

Just when the journey begins to look smooth, expect another opportunity to overcome frustration and impatience. It is helpful to remember that frustration is the evidence of the self-effort that conceals the path to eternal life and love.

When a believer resists divine correction or instruction to move ahead, the spirit remains enslaved to selfish desires and motivations.

Many sit at the gateway lost and confused, rather than to boldly confront the spiritual ignorance that prevents asking for guidance and direction.

A man
is free
when
his spirit
is free

Stumbling blocks to progressing with the venture can manifest in any way, shape or form and recognizing the symptoms can sometimes be difficult. Stay calm and face each new challenge with patience, an open mind and a sincere heart, for divine guidance and wisdom are certain to come.

One of the most common obstacles is that the spiritual need to belong gets attached to social structures, behavioral standards or family ties and religious traditions. In actuality, the need to belong is a specific need and will only adapt to knowing heaven as home and God as Father and Creator. Relating to others in the same predicament veils the necessity to ask for individual counsel.



Other obstructions can be identified as fear of being alone, leaving familiar surroundings, or oftentimes, losing the connection that binds together the comforts of family, friends and community. Responding

to or supporting an obstruction may look and feel like love, but it enslaves the spirit to an emotional need or a long nurtured belief. Prolonged connection will eventually become a source of pain and depression.

Internal pressures, strains and anxieties are associated with emotional and spiritual imprisonment. Stresses, upsets and unfavorable circumstances have already been experienced, but an exterior condition was continually believed to be responsible.

Bondages can be detected when careful attention is given to the evidence. Whatever the cause, it can be brought to light and eliminated.



Learn to see, learn to understand, learn to release the cause, and move on from each incident. This is a gradual progression that's needed to uncover hidden secrets and bring to an end the old energies that created the former lifestyle.

The fear of the Lord is a constant presence throughout the journey as a precautionary measure to be alert and pay attention. It is also present to provide a witness to the need to seek divine counsel and instruction.

*The Spiritual Journey
has a purpose,
a beginning,
and an end.*

The departure of the Israelites from Egypt is the narrative that becomes interwoven in each individual's quest.

Both are stories of hope and promise with a definite destination. It was not unintended for them to wander in the desert and it is not intended for believers to wander in uncertainty.

Frustration
is the
evidence
of self-effort

Take time to rest and reflect on the spiritual work being done. Recognize and set aside distractions, and eliminate the self-indulgent activities that are not advantageous to the life of the spirit.

WARNING

It is the believer's duty and responsibility to eliminate internal rhetoric and to ask for the counsel of God.



Sufferings

CONDITION OF THE WORD

Separating sheep from goats, wheat from tare

AFFECT ON THE BELIEVER

Permitting the truth to be the governing authority initiates the sufferings of the soul and the beginnings of a quiet surrender. Up to now, the old lifestyle has continued in its repetition of habits, opinions, prejudices, stereotypes and beliefs. Because all values were accumulated over a lifetime, the elimination of these same values is a very long and tedious process.



As the individual becomes aware of the old self-serving nature, recognizing a sorrowful or grieving heart slowly turns the consciousness towards the Christ center.

When the believer decides to cooperate, the time of reaping begins. The work of the cross separates what is good, right and true from what is erroneous.

Beliefs are temporary occupants and are dispelled as the truth is made known. The content of the belief system is brought to light and the decision to discard or retain becomes the believer's responsibility. When a conscious effort to release attachments is initiated, all possible regrets are eliminated. Everything detrimental to the freedom

of the spirit will be judged and removed.

Circumstances in daily life, however seemingly small and insignificant, are created with the opportunity to know the truth. The truth underlies everything, and it is discovering, believing and following this truth that leads the believer out of slavery and into freedom.

With freedom comes responsibility and the measure taken will be the measure given. So, listen carefully.

Where
there is
no judgment,
there is
no peace

Who and what is cooperated with, becomes partner, friend and ally. The more access the Creator has, the more thorough the process will be. This is the spiritual house-cleaning.

Remember that the Creator is not an intruder, so the right to manage the process of clearing out the debris that is harmful must be granted. Trusting and yielding to the necessary work will bring a greater ease in turning over each stone to accept the truth that is made known.

It is the task of the Spirit to tame an unruly, rebellious will, and to bring about a humble child-like quality. Being uncooperative in responding to instructions causes increased suffering that will eventually lead to severe pain and prolonged agony.



Remember that to suffer means to allow or permit what needs to transpire. Even though these are generally times of extreme distress and discomfort, it is during the difficult times that the pain of affording self desires is surrendered a little more quickly.

Be a quick study, and eventually all earthly attachments will be broken. Preferences, such as likes and dislikes are dislodged and laid aside as hindrances to the move of the Spirit are identified.

Little by little, self-created ideas and plans are surrendered until the believer is totally disconnected from the past addictive nature and its sensual earth bound life. This is unfamiliar territory, and as long as life is familiar, walking in the miraculous is impossible.



For a short time, it is natural that a sense of loss prevails when the ideas and beliefs that were cultivated over a lifetime are being removed. Any attempt, either by reason or argument, to maintain all or part of the former lifestyle will baffle the individual, and frustrate the effort to continue. The need for social interaction and its dependency becomes obvious as all needs are born with a spiritual solution. Believers can't walk two separate paths.



Failure to relinquish what is no longer beneficial in developing love will eventually lead to pain, depression and confusion. This is commonly referred to as 'hitting the wall' and eventually the fortress built for defending the personal agenda can be torn down, piece by piece or can eventually collapse on its own.

Endure the temporary sufferings that lead to freedom. Freedom has a higher purpose and it will take some time to get accustomed to walking without personal motivations, even when activities seem to be founded on a good moral doctrine.

It is time to leave what has been long-standing and familiar, turn an ear towards heaven and get to higher ground. Be patient and breathe into the patience as it continues in its perfect work.

Spiritual maturity deepens as the manifestation, or fruit of the Spirit becomes visible.

WARNING

Allow the sufferings to lay the heart bare.

Miracles
lie in
the
unknown.



Death

CONDITION OF THE WORD

The word becomes silent unto surrender

AFFECT ON THE BELIEVER

The past experiences that were believed to be true and the promised future meet in the present, causing temporary distress, uncertainty and confusion.



As the believer becomes silent, struggles and efforts cease while the cycles of the former life are broken. Do nothing that interferes with or opposes the work of the Spirit.

This quiet inactivity leads to total surrender. The silence is often called the Dark Night of The Soul as death becomes the medium for change. Dark days are ahead as the end of an age that cultivated and practiced the addictive life are coming to a close.

The earthly spiritual teachers and guides become obscure as their responsibilities come to a close and they too, return to their home.

As the atonement is made, sufferings come to a completion and humility settles into the believer's life. The struggle to maintain the image of self importance ceases and the individual is faced with 'my will or Thy will'.

The emptying out has been accomplished and the holdout of the will is challenged. This is not an easy undertaking and may take some time, as the Spirit begins to court the believer into an eternal relationship and an earthly partnership. This is the surrender of the will when the believer has been stripped of its former values and worth.

Remember, this is still unfamiliar spiritual ground. The believer is being asked to join in a permanent relationship that knows no bounds, so there is no haste. Not only is an eternal relationship beginning, but a new future is waiting to begin.

This is preparation to cross-over so ask, wait, and listen for guidance and instructions. Do nothing apart from these. A conscious effort to remain still eliminates the temptation to respond to temporary fear and relinquish the right to eventually live a divine existence.



The future may seem bleak and questionable, but the first stages of the Christ-like transformation begin. Gradually, as light dawns, the old identity is discarded and the believer comes face to face with the life-changing eternal presence.

*Continue in
the fear of
the Lord, you
won't be
disappointed*

This is a place of honor where love imparts its identity and peace creates the environment.

WARNING

Resist making any changes that are not initiated by the Spirit.

Resurrection

CONDITION OF THE WORD

The word is liberated from containments

AFFECT ON THE BELIEVER

Because of the total surrender, the believer has been separated from a former life and begins to undergo the transformation. Conflicts and disputes have been settled, war has ended and both spirit and flesh are freed for redemption and reconciliation.



Attachments have been removed, selfish connections broken and the believer is prepared to experience a harmonious, unlimited life on the earth.

An acute awareness of an eternal existence and purpose returns to the forefront for clarification.

Maturity, responsibility and trustworthiness become paramount as the believer readily acknowledges and accepts the will of God as perfect and complete.

WARNING

Understand what being free really means.

Ascension

CONDITION OF THE WORD

The word is removed from the earthly environment

AFFECT ON THE BELIEVER

The redemptive work is complete. The believer has been loosened from earthly cares and concerns and begins to ascend, or to rise above that which was formerly known. The believer is carried upward into the heavenly existence and transported into a glorious domain, as in a rapture of a soul.



A sense of buoyancy and weightlessness is felt while being lifted out of a former existence as everything known is left behind. Learn to relax as the memories of the soulish activity diminishes.

Continue the ascension, penetrate and pass through the outer dark regions above the earth, as the consciousness moves into a higher plane of existence. This is where the believer begins to become more aware of the true governing authority that connects heaven and earth.

WARNING

Breathe and allow the energy forces to change.

Return

CONDITION OF THE WORD

The word returns to the original place and position with the Father

AFFECT ON THE BELIEVER

The final progression of the commandment to follow begins and the longing diminishes. A sense of well-being settles in and flourishes as the Christ-like nature is secured, and peace, happiness, and safety become a welcome home banquet.



The rapture into the heaven-like atmosphere brings joy and contentment as it begins to embrace the newcomer.

Relationships that were formed by and for the old nature as a result of dependency will now begin to be redefined by love. Some will remain, some will leave, and some new associations will form as the believer learns to accept the purpose and meaning of a new life plan. The surroundings are unfamiliar, but it is a vast and ever-expanding habitat that has plenty of room to explore and grow.

Continue to listen, wait and watch. Learn to respond to light and love rather than fear and selfishness. Take the time to get oriented and accustomed to living a life in the Spirit's present creative nature, rather than the past reproductive nature and the memories that connect the believer to the former way of life.

Service to the community of God and man becomes the lifestyle that shepherds creation from the eternal spirit's heart of love, compassion and mercy. This action is the authority of the believer on the earth.

The measure of responsibility that the believer has taken will be the measure of responsibility that they will be given.

The heavenly kingdom is now functioning on the earth, creating the atmosphere of peace and prosperity. This is the promised place where from chaos, divine order unfolds and the believer resides without limit, lack or oppressive influences. It is the bliss, the fulfillment of every promise spoken, heard or thought.

Heaven
is a state
of being

The believer is wholly sanctified, worthy of the call and remains on the earth to assist others in their journey home. The gifts, talents and skills that were entrusted to the individual have been in safe keeping and are now ready to be released to help bring about healing and restoration to a suffering world.

In this humble position, divine associations and connections will be clear in purpose as the doorway to the Spirit becomes apparent. As the believer begins to recognize and respond from the God-like nature within, the manifestation of God affects the earthly environment.



WARNING

Take time adapting to a new environment and an unfamiliar lifestyle.

PRAYER & WORSHIP

All prayer is simple and quiet, and issues from a heart that desires to live a peaceful harmonious life on the earth. Prayer begins when the heart detects a spiritual longing that will propel the believer towards a specific destiny.

Prayer acknowledges what exists, whether in lack or fullness, in sorrow or gladness. It lives in quiet yearning, resides behind every thought and waits in patient hope. Pray any time, pray any place, pray any way.



Prayer is the way of requesting divine assistance, guidance, and counsel when nothing else can help. Do all things in earnest prayer, for it makes the way. Most importantly, understand what is being requested.

Find the prayers that reside in the heart's quiet yearning. This yearning creates a desire to know God as Father and Heaven as Home. Prayer is requesting counsel for the passage, and guidance to get there.

Worship means to factor into, or bring into consideration. As prayer is learned and practiced, the believer enters pure worship. In the dwelling place of God, there are many dimensions. This elevated dimension develops the believer's consciousness into constant worship.

MEDITATION

Meditating is done from the still mind and a quiet heart and can be most fruitful during normal daily activities. There is no one accepted way, as it is what is comfortable to the individual.

There are many types of meditation and all involve the reflective and contemplative thinking processes.



Any thing, whether it be a word, action, question or parable that is turned over and over will eventually open to the understanding as the truth in the message is revealed.

The purpose of meditation is to extend the invitation for light to enter dark places and reveal what is yet unknown to the individual.

However, meditating can definitely be used to conjure, contrive or devise forms of deceit. Carefully use this medium as an honest endeavor to know the truth that brings health and healing.

Surveying, looking over, or taking inventory of the land of the heart are all forms of meditation.

A meditative state allows God to reveal himself, and to communicate all that is in store for the believer.

DREAMS & VISIONS

Dreams and visions are methods used by earthly spiritual teachers, helpers and guides to reveal lessons, provide instruction, counsel and direction, and even warnings. Prophetic events can also occur through this medium.

These teachers and guides have the authority to use whatever form the hearer can see to understand. Their assignment is to assist in bringing the believer home whereas, angels guard and protect believers, and intervene when necessary.



Any endeavor to communicate with the spiritual helpers is an unnecessary interference, because they receive instruction from God and are accountable to Him alone.

Dreams and visions can range from severity to humorous, depending on the dreamer's attention to the spiritual journey. Life's purpose determines intensity and frequency of the dreams.

Corresponding events always follow a dream or vision and may transpire immediately, or be scheduled for a later time. Either way, the natural desire to know can allow the

imagination to distort or confuse the message being conveyed by the forms or images. Also, any desire to remain in the survival mode will cause the believer to twist what has been seen or heard.

Ask,
wait,
listen.

Asking, waiting and listening with careful deliberation will eventually clarify the nature of any spiritual message and its consequences.



JOURNEY SYMPTOMS

Symptoms of change are temporary afflictions, ailments or distress, strong, mild or weak, and affect the current mental, physical, and emotional balance.

The imbalances are brought on by a shift or a move of currently active spirits or energies. As the individual passes through the life-altering events, some energy forces diminish, some increase as the lack of harmony between energies begins to cause tension and stress.



The spiritual movement causes noticeable reactions to this changing which can be either chronic or acute.

Abrupt change of plans

Anger

Change of diet

Confusion

Crying

Depression

Discontentment

Disgruntle

Disorientation

Dreams

JOURNEY SYMPTOMS

Journey Symptoms - continued

Easily overwhelmed

Emptiness

Extreme fatigue

Fear

General anxieties



Heaviness of heart

Interrupted sleep

Lack of concentration or focus

Lack of interest

Lack of motivation

Loneliness

Longing to go home

Loss of passion

Loss of memory

Loss of identity

Need to be alone

Restlessness

Spinning

Sporadic aches and pains

Staring

Stress in the neck, shoulder and back

Sadness

AUTHOR'S NOTE

Generation after generation, ideas, dogmas, doctrines and imaginations have tried to explain exactly what the journey is. Most interpretations were that it is an individual's life with its own desires, passions and pleasures while on the earth, from birth until death.

But the true journey, called The Way, is hidden inside each believer's earthly existence and its unfolding is not dependant on age, culture, ethnic status or environmental conditions. Any believer who desires personal change can enter into, pass through and emerge from the seven significant events created with trials, tests, and lessons taught and lived through the life of Jesus.



It is through this passage that we are permitted to join in the personal triumph, designed and created for all men.

These events enable every believer to be transformed into who they truly are, and translated to where they rightfully belong.

When the change is complete, the individual's future is created to fit the new creation, a new being.

My effort is to write the condition of the word that will help identify how the events affect the believer's life on the earth.

Even though the promises are irrevocable, they are dependant on the involvement of the believer's faith. I urge readers to carefully consider their own earthly existence as well as their eternal destiny because one simulates the other.

It is my hope that what I have chosen to write will assist others in finding their way home to live the divine life that's been promised.



ACKNOWLEDGEMENTS

I am deeply indebted to everyone who crossed my path over the years.

All the encounters were invaluable in assisting my endeavor to continue the spiritual journey. I hope I have given as much as I have received.

A special thanks to a daughter whose encouragement to write never ceased.



My heartfelt thanks go to Jesus, who made the journey possible, who endured my fits and tantrums when I was confused, perplexed and often unruly, but who ultimately knew my heart's longing.